

Starters

Dodo Gizzard Fried pieces of turkey gizzard & plantain cubed in a tasty pepper sauce	9.99
Chicken Wings Choice of marinade either with honey BBQ or spicy suya	14.99
King Prawns Pan-fried in a spicy chilli sauce	14.99
Asun Roast goat chopped into bite-sized pieces, with a big, bold & aromatic flavour	19.99
Vegetable Spring Roll	4.99
Fish Pepper Soup Spicy broth made with Tilapia fish	19.99
Assorted Meat pepper soup Spicy broth made with varieties of meat; Beef, Shaki (tripe), Cow leg	19.99
Isi ewu Tender, juicy, & tasty whole goat head in a spicy sauce	25
Nkwobi Succulent cow foot mixed in spicy palm oil paste	20

Mains

Rice Served with plantain	
Jollof Rice or White Rice With chicken £13 With fried fish £13 With beef £15 With assorted meat £17	
Ayamase Sauce with assorted meat, egg & White rice	14.99

Seafood

Tilapia Whole Fish Easy whole grilled tilapia smothered in spices & herbs with a spicy hot sauce for dipping (served with an option of chips, plantain or yam)	30
Croaker Fish Tender whole grilled croaker smothered in spices & herbs with a spicy hot sauce for dipping (served with an option of chips, plantain or yam)	30
Catfish Whole grilled cat fish smothered in spices & herbs with a spicy hot sauce for dipping (served with an option of chips, plantain or yam)	25
Tiger Prawns Pan-fried in a spicy chilli sauce (option of chips, plantain or yam)	30

Grilled

Grilled Lamb Chops Tender baby lamb chops in a mixture of rosemary & garlic (option of chips, plantain or yam)	29.99
Beef Suya Tender beef grilled to perfection in a tantalising spicy sauce, spiced & served with raw onions and tomatoes	14.99
Super Mixed Grill Mixture of chicken shish, lamb chops, chicken wings, beef suya, spring rolls, yam, plantain with a spicy sauce	59.99
Shawarma Nigerian Shawarma made with chicken filling, sausage, spicy sauce & vegetables, cabbage, carrot & onions served with chips	16.99

Swallow

Traditional Nigerian Dishes Served With Pounded Yam or Eba

Edikang Ikong Fresh leafy vegetable soup mixed with beef, dry fish, pepper, salt & ground crayfish & palm oil	20
Efo Riro Mouth-watering, savoury stew made with Spinach & served with options of assorted meat or red bream fish	17
Meat & Seafood Okra A delightful blend of fried okra, prawns, beef, shaki & cow foot	25
Egusi Soup with Meat A Traditional dish with ground melon seeds and leafy vegetables with assorted meat	17
Ogbono Soup with Meat A rich, nutrition-packed soup made from mango seeds, palm oil, assorted meats & traditional spices	17

Sides & Extras

Fried Yam (Vg)	5	Fried Fish With Pepper Sauce	10
Fried Plantain (Vg)	4	Fried Beef With Pepper Sauce	10
Fries (Vg)	4	Turkey With Pepper Sauce	10
Jollof Rice (Vg)	7	Chicken With Pepper Sauce	8
White Rice	5	Assorted Meat Stew	10
Moi - Moi	4		

Desserts

Brownie & Ice Cream	4	Puff-puff With Chocolate Sauce	3.5
Puff - Puff (Vg)	3	Vanilla Ice Cream (2 Scoops)	4
Puff-puff With Condense Milk	3.5		

Extra Sauce

Extra Hot Sauce	3
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(Vg) Vegetarian | (V) Vegan

Please speak to a member of staff if you have a any allergies or food intolerances. Allergens are present in our kitchen. Unfortunately we can not guarantee that dishes will be 100% allergen free.



FOOD MENU

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